## FINAL PROJECT

Work in groups of 2 or 3

Using your skills of cooking you will need to create a 3 course meal plan from a specific country

1	3				
1.	England	8.	Egypt	15.	Korea
2.	Italy	9.	Ireland	16.	Vietnam
3.	Russia	10.	Iran	17.	Austria
4.	Scandinavia	11.	Japan	18.	Germany
5.	Mexico	12.	China	19.	France
6.	Hawaii	13.	Spain		
7.	India	14.	Australia		

## Marking Criteria

- 1. Research the country you have chosen. Write 2 paragraphs about their traditional meals and about the culture in general.
  - a. Include how many meals they typically eat.
  - b. What types of foods they typically eat at each meal.
  - c. What times of day do they eat?
  - d. Where do they eat?
  - e. Who prepares the meals?
- 2. Choose one their meal times and write out a meal plan
  - a. Includes at least 3 courses
    - i. Appetizer
    - ii. Main course
    - iii. Desert
  - b. How many calories are in each of the 3 course?
  - c. Write out the recipe for each course.
  - d. How long does it take to prepare this 3 course meal?
  - e. Include pictures of each course.
- 3. Written in the format of a booklet with a minimum of 6 pages.
- 4. Written in your own words.

## Additional Factors that will be considered

- Neatness, colourful, creative, and provides the correct information
- This marking page all 3 pages of it must be attached to the project in order for your project to be marked

A Bandali 1

- Additionally, if you would like your project returned to you please request that you would like it back

**TOTAL** 40 marks

**<u>BONUS:</u>** Up to 2 additional marks maybe awarded for having items that will make the project stand out – attractive border, unique shape, creative...

A Bandali 2

F	^	^	Ч	S	9
	u	u	u		

## Final Project Criteria

B	lock:		

Full Name: \_\_\_\_\_

CATEGORY	Beginning 1	Developing 2	Accomplished 3	Exemplary 4	Factor	Total Mark
Completeness	Includes only 1 of the criteria.	Includes 2 of the criteria.	Includes 3 of the criteria.	Includes all of the criteria.	x 3	/12
Accuracy	Inaccurate information.	Half of the information is inaccurate.	Most of the information is accurate.	All the information is accurate.	x 3	/12
Presentation	all of the factors (neatness, colourful	The project is missing two of the factors (neatness, colourful or creative).	The project is missing one of the factors (neatness, colourful or creative).	The project is neat, colourful and creative.	x 1	/4
Accountability	Late by 3 days or more.	Late by 2 days.	Late by 1 day.	Completed on time.	x 1	/4
References	Uses only 1 reference and/or no books		Uses 4 to 5 references including 1 book.	Uses 6 or more references including 1 book.	x 1	/4
Spelling and Punctuation	punctuation mistakes making it hard to	punctuation mistakes but	Few spelling and punctuation mistakes and understandable (3 to 5).	Limited spelling and punctuation mistakes (2 or less).	x 1	/4
					Final Mark	/40